

# Benito School Newsletter

October 2021



## School Bus Safety Week

October 18—22

Benito School would like to **THANK** and acknowledge the dedication of our terrific bus drivers: **Mr. Byron Zbirun & Mr. Dennis Gosselin**. These two gentlemen take great care in ensuring that your child gets to and from school safely each and every day. Please take some time with your child to review the attached School Bus rules at the end of this newsletter. Some rules and regulations have changed.



## Halloween

Students may dress in costumes at 1:00 on Oct. 29th for a virtual costume parade.

When selecting your child's costume please remember that half of our student population is under the age of 7. Please ensure that your child's costume is school friendly, so avoid death, gore and war (fighting) related themes. Students are encouraged to wear shorts and a tank top underneath light-weight, revealing costumes. Dressing up is intended to be fun, creative and cool! Please be considerate when dressing up for school so that all students can feel safe and have fun.

**\*Students in Grades 4-8 will be carving pumpkins on Oct. 29th and are asked to bring their own pumpkin.\***



## "In The Garden"

I would like to send out a HUGE thank you to all the family members that cared for the garden over the summer. It looks absolutely stunning AND has provided us with a very bountiful harvest!

We have already had several feasts this month – fried cabbage, borscht, cheesy pepper dip, and salsa – with many more great recipes to be made.



## "From the Pond"

The Grade 5/6 class took a dip in the pond to look at all the life that exists within. We found water fleas, mayfly larva, snails, scuds, and many more. Way to go Grade 5/6s with using your classification charts to be scientific detectives!



# From the Office...

## Principal's Message...



Resilience is the capacity of systems (that include individual, family, community, and institutional) in contexts of adversity to navigate to the resources necessary to sustain well-being and the ability of these human systems to negotiate for promotive and protective resources in contextually and culturally meaningful ways (Unger, 2011; 2021, pp. 9-10).

Resilience encompasses the:

- capacity for responding well to adversity
- process of coping with challenges
- ability to resist, recover, persist, adapt or transform
- achievement of good outcomes
- ability to recover from posttraumatic growth (Masten, 2021)

*Children demonstrate resilience in various ways, in response to the context in which they are in. Think about how your child demonstrated resilience this month as they began a new school year? How did they respond to a new teacher? Adjust to getting up early? Endure the long day in class? Manage bedtime routines? In encourage you to discuss these with your child and praise them for demonstrating resilience in whatever capacity you acknowledge.*

### **There are processes that foster resilience within four capacities:**

#### ***The individual:***

- Believing in thy-self
- The working order of a healthy brain (good cognition)
- Practicing with strong problem solving skills
- Adaptive physiological, emotional, cognitive and behavioural self regulation skills

#### ***The family:***

- The commitment of family members
- Close attachment relationships
- Family rituals values and beliefs
- Cohesiveness, structure, supportive
- Financial stability

#### ***The community:***

- Effective schools and communities
- The provision of opportunities
- Nurturing environments
- Safety of physical environment
- Peer friendships with positive values and norms
- Good public health care and social services

#### ***The culture and society:***

- Positive interactions with the world
- Belief systems that give life meaning and purpose
- Protective child policies
- Human rights, adequacy of laws and legal system
- Prevention and protection from oppression and political violence

(Lawrence, 2021)

# What's Hap'n



## YOUTH BOWLING



Begins week of October 4<sup>th</sup>

Monday, Tuesday, Wednesday or Thursday after school.

20 weeks 3 optional tournaments \$10.00 / player

Annual Fee \$190.00 due week of October 4 Or

2 Payments of \$100.00 due October 4 & January 6

No Fundraising or volunteering

For more info call Up Your Alley Bowling Centre—204-734-2442

\*\*Wednesday League begins at 4:30 pm. Other Leagues begin at 4:00 pm.

**Manitoba Public Health Orders will apply.**

Swan Valley School Division is very excited to partner with the local Lions Club to offer an eye screening program using the SPOT Vision Screener. Each year, schools conduct



vision screening with students and are referred for further appointments with an Optometrist, if necessary, as a result of the screening. Studies show that the smallest changes in your child's sight can affect the way they learn.



Free vision screening will be offered to SVSD students by a local Lions Club.

Screening at Benito School will take place on the morning of **October 14<sup>th</sup>**. A permission form was sent home in late September.

**\*\*\*Please ensure that it has been returned to school. Your child cannot be tested without a signed form.\*\*\***

SCHOOL

Website

[www.svsd.ca/schools/benito](http://www.svsd.ca/schools/benito)



## RETAKES

School Picture retake day is November 1<sup>st</sup>. Please advise the office if your child requires retakes.



## HOT LUNCH

As a special treat for our Halloween activities, Benito School will be offering a delicious Pizza Hot Lunch prepared by the Pizza Place in Swan River.

On **October 29<sup>th</sup>** we look forward to:

**An individually packaged 7" Pizza and Dessert for \$6.00**

Forms will be sent home mid-October.

Swan Valley Communities That Care Presents

## A HALLOWEEN FAMILY EVENT

Saturday October 16th from 4pm—9pm

Swan Valley Historical Museum Grounds HWY #10 NORTH

ADMISSION: \$5 PER CAR OR \$2 FOR INDIVIDUALS

WEAR A COSTUME TO BE ENTERED TO WIN A PRIZE!

COVID-19 PROTOCOLS IN EFFECT OUTDOOR EVENT RAIN OR SHINE





# News-worthy & Noteworthy



Northwest Regional Library

Benito Branch

## Storytime

Tuesdays

Going virtually until further notice. Every week will be a different theme.

Books, Activity Sheets & Crafts!

for 3-5 year olds



Limited space available  
To register call 539-2446



**Autumn** is here and the weather is unpredictable. Please send your child with a hat, gloves and a warm coat or dress them in layers as morning recess can be quite chilly.



Happy Thanksgiving **NO SCHOOL - October 11**



**PD Day - October 22 - NO SCHOOL**



Swan Valley School Division

Fall Cross Country Run

## IT'S CROSS COUNTRY SEASON



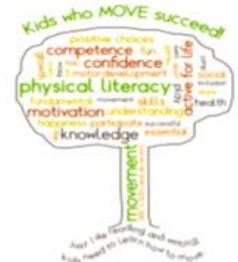
Wednesday  
Oct. 13<sup>th</sup>, 2021  
@ The Museum

Grade 5/6 students start at 5 pm  
(2 km race)

Grade 7/8 students start at 5:30 PM  
(2 km race)

## Physical Literacy Kit Loaner Program

Physical literacy is merely about developing the fundamental movement skills that all children need, such as running, hopping, throwing, catching and jumping. These movement skills in turn give kids the confidence to participate in different physical activities, sports, and games.



**Try it for FREE!**

Kits are loaned out to residents of Prairie Mountain Health. Contact one of our staff to book a kit and arrange community of choice for pick up.

North Prairie Mountain Health  
Deb Wilson  
Roblin District Centre  
204-937-6277  
dwilson@pmb-mb.ca

Brandon/South Prairie Mountain Health  
Kayla Porter  
Brandon Town Centre  
204-578-2193  
kporter@pmb-mb.ca



Please follow social distancing practices. All equipment will be disinfected before each user.

# SPORTS REPORT

This edition of the sports report is quite a bit different than what you'd typically see. Normally, soccer season would have just wrapped up and we'd be starting up our volleyball program. This year, it looks like we will be moving ahead with some middle years sports, although there will be some limitations put in place. Soccer, which normally runs in September, has been rescheduled for next May. Volleyball practices will start soon for those in grades 5-8. However, extra-curricular indoor events in which schools compete against one another (for now) are limited to grades 7-8's due to cohort restrictions..

**Here are the two upcoming events for grade 7-8 volleyball:**

**Saturday, November 6th- Rick McElroy Invitational Tournament - (Valley Teams only) (parent drive)**

**Wednesday, November 17th- Volleyball I - (@SVRSS) (bus will be used to transport)**

Mother Nature has been quite kind to us in September once again! As a result, we have spent every single lunch hour and nearly every P.E. class outside so far. Also, in addition to the weather, we are offering a new event for all students in grades 5-8 in the form of cross-country running. We will be offering some noon hour runs starting next week for those interested.

**The cross-country event (held outdoors) will be offered to all students in grades 5-8 on Wednesday, October 13th at the Swan River Museum. This event will be parent drop off/pick up. Please see the poster in the newsletter for details.**

Our noon hour intramural program is a go once again for grades 4-8 through sign-up. Our first activity, which was soccer baseball, took place in the first couple of weeks of school. Congratulations to the Benito Blue Jays and their 4 game sweep over their cross-town rivals, the Benito Expos. Please take the time to check out the photo below to see the winning team with the intramural trophy. Right now, intramurals have moved on to a 4 event disc golf tournament, which includes an individual and team competition, a horse race, as well as skills competitions. Stay tuned for the winners of that in next month's report!



In our P.E. program, we are currently focusing on our soccer for the month of September, working on skills such as passing, dribbling, striking the soccer ball. Each week has been wrapping up with a 'Fun Friday' activity as well. I must admit, I really have been enjoying going outside this much! I'm sure this has helped us all get some fresh air, sunshine, and a much needed break from being inside!

Keep in mind that we will continue to be using outside for as long as possible. As we get into single digit temperatures, everyone will need to remember to dress appropriately. Checking the weather forecast is something I've gotten into the habit of doing every morning. Having layered clothing such as a jacket, hoody and t-shirt is never a bad idea as the temperature can fluctuate a lot throughout the day.

Check out some pictures of our activities we have been enjoying in September:



# MUSIC NOTES

Welcome Back Everyone! I hope everyone has had a great summer. I know I have and I am very much looking forward to seeing everyone again and meeting the people that are new to our school. I am sure it will be a fantastic year as we all continue to grow as musicians!

“What’s On the Go?”

Strings – We have many new string players this year! All the violins and cellos have been tuned up and lessons have begun! Grades 2-5 will be playing during music class, Grade 5/6s on Day 6, and an open strings class on Day 3 at noon for any interested Grade 4-8 string player.

Grade 5 Band Parents – We have finished instrument testing, which is fantastic news! Many of the children are excited to finally play a band instrument! Keeping this new endeavor in mind, please be on the look out for information letters and rental agreement forms.

Grades 6-8 – Students will be receiving the same instrument that they played last year. All instruments were sent away over the summer for cleaning and repairs. Please watch for the Swan Valley School Division rental form.

Remember: All band/string members need to have black dress pants and black dress shoes for performances.

I hope you had a great summer, a fantastic start of the school year, and are ready to make music again!

Mr. Slepicka



Our “star students” are well on their way to soar to success. The K/1 Students this month have been working on routines in the classroom and classroom/ school rules of being safe, respectful, and responsible. We have had a lot of fun getting to know one another by dancing, singing, and reading together. Our class leaders are working hard in the classroom to help out with different jobs like helping pick books, leading calendar, being a role model as line leader, and helping with various tasks during the day. I look forward to October and learning about sorting by attributes, all about who they are, and lip poppers and tip tappers!





We celebrate the development of our multi-systemic community through our “Stars of the Month” theme, “**Community Builders**”. We are presenting awards each month to students who show that they care for and include other people. The goal is to highlight the activities of individuals who contribute to the community by their actions. Throughout the year, Benito School Staff members observe the activities of students who take responsibility and show awareness of, and respect for others in group. Their actions and initiatives as community builders may take place in the school or in the wider community, as volunteers or helpers.

# SEPTEMBER

Kindergarten	Prairie Halverson
Grade 2	Arianna Church
Grade 4	Dehlia Atkinson
Grade 6	Jayden Gosselin
Grade 8	Megan Woytkiw

# October 2021

SUN	MON	TUE	WED	THU	FRI	SAT
					1 5	2
3	4 6	5 1	6 2	7 3	8 4	9
10	11 NO SCHOOL  HAPPY THANKSGIVING!	12 5	13 6 Cross Country Run 5:00–8:00 pm	14 1 Vision Screening	15 2	16
17	18 3 Pizza Orders Go Home	19 4	20 5	21 6 Pizza Orders Due	22 PD Day NO SCHOOL	23
24	25 1	26 2	27 3	28 4	29 5  Halloween Activities	30



# BENITO SCHOOL BUS RULES

**We all have the responsibility to .....**

1. Meet the bus on time.
2. Listen to and obey directions given by the bus driver.
3. Sit in your assigned seat.
4. Remain seated with feet on the floor and the aisle clear.
5. Remain seated until the bus has come to a complete stop.
6. Keep inside the windows.
7. Talk quietly and do not swear or name call.
8. Respect others property.
9. Respect bus property.
10. No harmful objects on the bus
11. Follow all special School Division rules and policies.