Heyes School News

Heyes School · 128-2nd Avenue West · Box 1000 · Swan River MB Rol 120

Ph:204-734-3385 Fax: 204-734-4202 www.svsd.ca/schools/heyes



Heyes School Day Schedule

8:50 - 9:00 am

Students enter the school & register for the morning

9:00 - 9:50 am

Block 1

(Announcements & Opening Exercises @ 9:00)

9:50 - 10:45 am

Block 2

10:45 - 11:00 am

RECESS

11:00 - 11:50 am

11:50 - 12:15 am

Students go home for lunch OR eat in their classrooms

12:15 - 12:45 pm

Outdoor play time (weather permitting)

12:45 - 1:45 pm

Block 4

1:45 - 2:35 pm

Block 5

2:35 - 2:50 pm

RECESS

2:50 - 3:40 pm

Block 6



Important Dates

October 7 Hot Lunch

October 11 THANKSGIVING DAY

(No School)

October 21 Hot Lunch

October 22 PD DAY

(No Classes)

October 31 Halloween



Dear Parents,

Thank you very much for your continued effort in screening the health of your children daily. It's one of the most powerful things we can do to stop the spread of infection.

We have seen some return of the standard colds and flus this year. Careful screening can help us minimize the spread of all sickness.

Marc Kujanpaa





Hearing & Vision Screening

Notice to Parents --

The vision screening will take place October 13th. Please return the form ASAP!

The hearing screening will also take place closer to the end of October!

All Grades will be tested.

FALL IS HERE...the mornings are

cooler! It is important to send your children to school dressed for outdoor recess.











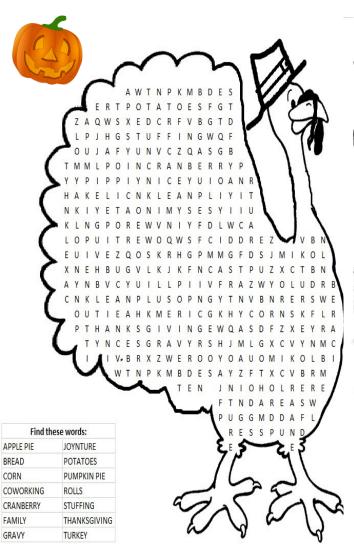




Thanksgiving Day Monday, October 11th

PD Day

Friday, October 22nd



YOU'RE INVITED



to a 4-H Informational Meeting

for the Birch River Busy Beavers 4-H Club

TIME: 6:30 PM

DATE: WEDNESDAY, OCTOBER 6, 2021 PLACE: BIRCH RIVER LEGION HALL

4-H...It MAKES a WORLD of DIFFERENCE!

FOR KIDS...

FOR TEENS...

FOR PARENTS...

COME and FIND OUT MORE! Learning new skills, hands on-activities, & having fun with friends are all a part of a 4-H project. There are many projects to choose from – COOL STUFF LIKE: Cloverbud (for ages 6 & 7), Adventure into 4-H (for ages 8 & 9), Small Animals, Babysitting –must be 11 years old, Money & More, Woodworking, Outdoor Living, Growing Things, 4-H Crafts Series, 4-H Fibres & Fabrics Series, 4-H Body Works Series, 4-H Food Series, 4-H Machine Series, 4-H Technology Series.

Membership fee is \$75.00, plus \$10.00 to Valleys North plus project & activity costs.

WHO CAN JOIN? Anyone between the ages of 6 (as of January 1st 2021) and 25. Enjoy the THRILLS, Develop the SKILLS. SEE HOW GOOD 4-H IS FOR YOU!

Birch River Busy Beavers 4-H Club is the ONLY Multi-Purpose Club & they extend an invitation to all Valley youth, parents and anyone wishing to volunteer their talents - cooking, sewing, crafts, etc. to attend the meeting.

For more information contact: Mrs. Georgina Mosiondz, Head Leader at 204 236-4676



School Lunch Ideas



Main

Tacos

Fruit + Veggies

Cucumber

Snacks

Wraps
Quesadilla
Baked Potato
Leftovers
Sandwiches
Soup
Muffins
Waffles
Pasta
Rolls + Tuna
Pizza
Grilled Chicken

Cheese + Crackers

Carrot
Edamame
Snap Peas
Cherry Tomatoes
Coleslaw
Avocado
Applesauce
Oranges
Dried Fruit
Grapes
Berries
Bananas
Peaches

Trail Mix
Granola Bar
String Cheese
Fruit Leather
Hummus
Rice Crackers
Fruit Snacks
Hard Boiled Egg
Popcorn
Chex Mix
Yogurt
Wheat crackers
Fig Bar
Nuts