### OTHER IMPORTANT SERVICES

ADDICTIONS SERVICES (Formerly AFM) 204-734-2030

HELP NETWORK 204-731-0709

ELBERT CHARTRAND FRIENDSHIP CENTRE 204-734-9301

COMMUNITY SAFETY-PROBATIONS 204-734-9356

SWAN VALLEY IMMIGRANT SERVICES 204-734-9874

ASSOC. FOR COMMUNITY LIVING –
SWAN RIVER 204-734-9114
SIMPLY NU2U THRIFT STORE 204-734-9114
OPEN TUES., WED., & FRI. 12:30-3:30PM

SERVICE TO SENIORS & SR LIFELINE 204-734-5707

TOWN OF SWAN RIVER 204-734-4586 RECREATION DEPARTMENT 204-734-4141

SWAN RIVER INFORMATION CENTRE 204-734-3102

#### **SPIRITUAL CARE**

FIRST BAPTIST 204-734-2007
SEVENTH DAY 204-734-4114
UNITED 204-734-3248
ST. JAMES TRINITY 204-734-2724
TEMPLE BAPTIST 204-734-5610
CATHOLIC CHURCH OF ST. COLUMBA
204-734-2850
SOLID ROCK 204-734-9425
PENTECOSTAL 204-734-3993
COMMUNITY BIBLE FELLOWSHIP 204-734-4829
LIVING WORD TABERNACLE 204-734-3836

COMMUNITY MOBILIZATION
HUB FOR LOCAL SUPPORTS
CALL 204-281-7367 FOR MORE INFORMATION

### 24 HOUR SERVICES

**HOSPITAL/FIRE/POLICE PHONE 911** HOSPITAL - 204-734-3441 **POLICE 24 HOUR EMERGENCY LINE** 204-734-3454 **POLICE ADMINISTRATION** MONDAY TO FRIDAY 8:00AM-4:30PM 204-734-4686 **HEALTH LINKS 1-888-315-9257** 204-734-4686 **CHILD AND FAMILY SERVICES** 1-866-834-4242 **EIA EMERGENCY AFTER HOURS** 1-866-559-6778 DIA EMERGENCY AFTER HOURS 1-866-834-4242

## PROVINCIAL/REGIONAL TOLL FREE LINES

MENTAL HEALTH CRISIS RESPONSE
SERVICE 1-866-332-3030
9-8-8: SUICIDE CRISIS HOTLINE
MB FARM & RURAL STRESS LINE
1-866-367-3276
WESTMAN WOMEN'S SHELTER
1-877-977-0007
KLINIC SEXUAL ASSAULT CRISIS LINE
1-888-292-7565
KLINIC CRISIS LINE 1-888-322-3019

PHONE LINES OFFER
SUPPORT AND
INFORMATION. THEY WILL
NOT JUDGE YOU!



# Swan River Basic Needs

Services and Resources – January 2024

### **HEALTH CARE**

PRAIRIE MOUNTAIN HEALTH
COMMUNITY SERVICES 204-734-6660

HOSPITAL 204-734-3441

PRIMARY CARE CENTRE 204-734-6600

FAMILY PHYSICIANS
NURSE PRACTITIONERS

MY HEALTH TEAM SWAN VALLEY & AREA

- COMMUNITY HEALTH FACILITATOR
- LPN
- PHARMACIST
- RN NP
- COMMUNITY ADDICTIONS WORKER

DR. F. GOUDA 204-734-2769

FAMILY DOCTOR FINDER

1-866-690-8260

QDOC – VIRTUAL HEALTHCARE 1-833-736-2362 https://qdoc.ca

MENTAL HEALTH

PMH MENTAL HEALTH INTAKE 204-734-6601 CANADIAN MENTAL HEALTH ASSOC. 204-734-2734

HERO CLUB 204-734-4105

<u>ADULT & TEEN CHALLENGE</u> <u>info@teenchallenge.tc</u> 204-949-9484

### **FAMILY, HOUSING & FOOD**

CREE NATION CFS 204-734-7876

MICHIF CFC 204-734-3974

DEPARTMENT OF FAMILIES 204-734-3491

WEST REGION CHILD & FAMILY 1-866-636-6100

<u>SWAN VALLEY CRISIS CENTRE</u> 204-734-9368 OR 204-734-9369

ECHO HOUSING 204-734-4153

ELBERT CHARTRAND FRIENDSHIP
CENTRE HOUSING
204-734-9970

HOUSING FIRST 204-734-9301

EMPLOYMENT & INCOME ASSISTANCE 204-734-3491 OR 1-888-269-6498

<u>SWAN VALLEY FOOD BANK</u> 204-734-9138 OR 204-734-2896

CMHA 7<sup>TH</sup> AVENUE HEALTH ACCESS CENTRE 204-614-0285

### **EDUCATION & TRAINING**

SWAN VALLEY SCHOOL DIVISION

204-734-4531

COMMUNITY BIBLE FELLOWSHIP CHRISTIAN

SCHOOL 204-734-2174

**SWAN RIVER ADULT EDUCATION** 

SITE 1 - 204-734-9391

SITE 2 - 204-734-5686

RED ROAD COMPASS INDIGENOUS LAND BASED

**EDUCATION, TRAINING & HEALING** 

204-281-4017

UNIVERSITY COLLEGE OF THE NORTH

204-734-4419

NORTHERN LIGHTS INSTITUTE OF

**TRADES & TECHNOLOGY (NITT)** 

204-734-7980

**ECFC HEAD START PROGRAM** 

204-734-3257

KINSMEN NURSERY SCHOOL

204-734-9566

**WORKFORCE TRAINING & EMPLOYMENT** 

204-734-5520

SV. EMPLOYMENT & TRAINING PROJECT

204-734-7887

SUCCEED CONNECTIONS PATH TO

EMPLOYMENT 204-734-9301

W.E.S.T. CENTRE 431-363-0784

**FOCUS ON EMPLOYMENT** 

204-734-7887

NORTH-WEST REGIONAL LIBRARY

204-734-3880

HOPE LEARNING CENTRE (CMHA)

204-734-2734