

École Swan River South School
Swan Valley School Division

Kris Woodward, Principal

Jennifer Leadbeater, Vice Principal

Box 1059
Swan River, MB R0L 1Z0

Phone: 734-4518
Fax: 734-3969

Email: kwoodward@svsd.ca

Track and Field Organizer - Email: jeisler@svsd.ca and sbehrmann@svsd.ca

May 1, 2026

Dear Parents/Guardians,

Warm weather is approaching and our track and field season is coming quickly. As long as weather cooperates, we are expecting to run two track and field events this year. The Sunburn Classic will take place on May 22nd with an alternate date of May 25th. Valley Champs will take place June 5th with an alternate date of June 8th. Both of these events will take place at SVRSS and run the entire day. Practice for events will take place during gym class. Students will be able to sign up for the following events **during class**:

50 meter	100 meter	200 meter	400 meter
800 meter	1500 meter	4x50 meter shuttle	4x100 meter
Triple Jump	Shot put	Discuss	Long Jump
High Jump			

It is expected that students go to **ALL of the events they signed up for and to try their best**. Attendance will be taken at each event so it is crucial that students attend their events. Students are expected to sign up for a **MINIMUM OF 4 EVENTS** to a maximum of 8 events.

There will be a canteen at the meet to purchase food or you can send your child with a packed lunch. Grade 7/8 students will be allowed to go to Tim Horton's as long as a note from a parent is given to the homeroom **PRIOR TO LEAVING THE SCHOOL**. Text messages and phone calls will not be accepted as teacher's will be busy running stations and will not have time for this. Any students who do not have a note must stay on SVRSS grounds for the entirety of the day. Any student who does have a note must check in with their homeroom teacher when they want to leave **AND** when they return.

Students can be dismissed from SVRSS at the end of the day if a note of permission is provided. Students without a note will return to ESRSS at the end of the day.

To support your child for that day you can:

- 1) Encourage your child to participate and give their best effort.
- 2) Ensure they have proper attire and equipment for class and the meets.
- 3) Provide nutritious meals and adequate rest to support their physical and mental well-being.
- 4) Attend the two meets to cheer on the athletes and show your support for the students.
- 5) Communicate openly with coaches about any concerns or questions you may have.

Please fill out and return the attached permission to homeroom teachers no later than May 15th.

Yours in education,

ESRSS Phys'ed Department

SVSD PARENT PERMISSION FORM

ESRSS would like your consent for your son / daughter to participate in the following activity(ies):

Sunburn Classic and Valley Champs Track and Field

Type of Out of School Experience Day Trip Overnight Trip

Date(s) of Trip:	Sunburn - May 22 (Alt. May 25); Champs – June 5 (Alt. June 8)		
Destination:	SVRSS		
Transportation:	Walking		
Reason for Trip:	Track and Field		
Accommodations:			
Departure Time:	9:05	Return Time:	3:20
<input checked="" type="checkbox"/> Additional Trip Information Attached (cover letter, trip details, itinerary)			

Transportation ordinarily will be by Division bus(es). However, occasionally it is necessary to arrange transportation by division van or parent vehicles when buses are not available. (R5.36.1)

It is understood that your son/daughter is to obey all school rules and that disciplinary action will be taken if deemed necessary.

Elements of Risk: Educational activity programs, such as the above activity, involve certain elements of risk. Injuries may occur while participating in these activities. The risk of sustaining injuries results from the nature of the activity and may occur without fault of either the student or the School Board, its employees, or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. It is recommended that your son/daughter have a recent medical examination to ensure fitness to participate in this school program.

May 1, 2026

Signature of Trip Supervisor

Date

THIS FORM MUST BE READ AND SIGNED BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT. ALL STUDENT MEDICAL & CONTACT INFORMATION FOR THIS TRIP WILL BE TAKEN FROM THE SCHOOL DATABASE AS OF SEPTEMBER OF THE CURRENT SCHOOL YEAR.

PLEASE FILL IN MEDICAL & CONTACT INFORMATION ONLY IF THERE HAVE BEEN CHANGES to information filed at time of annual registration.

Recent Injury / Illness: _____	Medication: _____
MB Health: 6-Digit # _____	MB Health: 9-Digit # _____
Family Doctor Name: _____	Phone Number: _____
Home Phone: _____	Work Phone: _____
Emergency Contact: _____	Cell Phone: _____
	Phone Number: _____

ACKNOWLEDGEMENT:

I, _____ understand and accept the above, and hereby give permission for
(Parent / Guardian's Name)

_____ to participate in the _____.
(Student's Name)

I HAVE READ THE ABOVE INFORMATION AND DO HEREBY GIVE MY CONSENT.

Signature of Parent / Guardian

Date