

École Swan River South School  
Swan Valley School Division

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May 1, 2026

Dear Parents/Guardians,

Warm weather is approaching and our track and field season is coming quickly. As long as weather cooperates, we are expecting to run two track and field events this year. The Sunburn Classic will take place on May 22<sup>nd</sup> with an alternate date of May 25<sup>th</sup>. Valley Champs will take place June 5<sup>th</sup> with an alternate date of June 8<sup>th</sup>. Both of these events will take place at SVRSS and run the entire day. Practice for events will take place during gym class. Students will be able to sign up for the following events **during class**:

<b>50 meter</b>	<b>100 meter</b>	<b>200 meter</b>	<b>400 meter</b>
<b>800 meter</b>	<b>1500 meter</b>	<b>4x50 meter shuttle</b>	<b>4x100 meter</b>
<b>Triple Jump</b>	<b>Shot put</b>	<b>Discuss</b>	<b>Long Jump</b>
<b>High Jump</b>			

Students who are not caught up in their school work, have behavioural issues, or lack of effort or lack of safety in PE class when practicing for track and field may lose the opportunity to participate in the Sunburn Classic and Valley Champs. It is expected that students go to **ALL of the events they signed up for and to try their best**. Attendance will be taken at each event so it is crucial that students attend their events. Instances of events being missing without a suitable reason, or behavioural issues amongst students at the Sunburn Classic may result in the loss of opportunity to attend the second track meet on June 5<sup>th</sup>. Students are expected to sign up for a **MINIMUM OF 4 EVENTS** to a maximum of 8 events, which is done during class.

There will be a canteen at the meet to purchase food or you can send your child with a packed lunch. Grade 5/6 students will remain at SVRSS for the entire day. Students can be dismissed from SVRSS at the end of the day if a note of permission is provided. Students without a note will return to ESRSS at the end of the day. As per Manitoba policy, personal communication devices are not allowed during the school day and in school related events so these should remain at home.

To support your child for that day you can:

- 1) Encourage your child to participate and give their best effort.
- 2) Ensure they have proper attire and equipment for class and the meets.
- 3) Provide nutritious meals and adequate rest to support their physical and mental well-being.
- 4) Attend the two meets to cheer on the athletes and show your support for the students.
- 5) Communicate openly with coaches about any concerns or questions you may have.

**Please fill out and return the attached permission to the homeroom teacher no later than May 15<sup>th</sup>.**

Yours in education,

ESRSS Phys'ed Department

# SVSD PARENT PERMISSION FORM

\_\_\_\_\_ |ESRSS| \_\_\_\_\_ would like your consent for your son / daughter to participate in the following activity(ies):

## Sunburn Classic and Valley Champs Track and Field

Type of Out of School Experience     Day Trip     Overnight Trip

Date(s) of Trip:	Sunburn - May 22 (Alt. May 25); Champs – June 5 (Alt. June 8)		
Destination:	SVRSS		
Transportation:	Walking		
Reason for Trip:	Track and Field		
Accommodations:			
Departure Time:	9:05	Return Time:	3:20
<input checked="" type="checkbox"/> Additional Trip Information Attached (cover letter, trip details, itinerary)			

Transportation ordinarily will be by Division bus(es). However, occasionally it is necessary to arrange transportation by division van or parent vehicles when buses are not available. (R5.36.1)

It is understood that your son/daughter is to obey all school rules and that disciplinary action will be taken if deemed necessary.

**Elements of Risk:** Educational activity programs, such as the above activity, involve certain elements of risk. Injuries may occur while participating in these activities. The risk of sustaining injuries results from the nature of the activity and may occur without fault of either the student or the School Board, its employees, or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. It is recommended that your son/daughter have a recent medical examination to ensure fitness to participate in this school program. |

May 1, 2026

\_\_\_\_\_  
Signature of Trip Supervisor

\_\_\_\_\_  
Date

**THIS FORM MUST BE READ AND SIGNED BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT. ALL STUDENT MEDICAL & CONTACT INFORMATION FOR THIS TRIP WILL BE TAKEN FROM THE SCHOOL DATABASE AS OF SEPTEMBER OF THE CURRENT SCHOOL YEAR.** |

**PLEASE FILL IN MEDICAL & CONTACT INFORMATION ONLY IF THERE HAVE BEEN CHANGES to information filed at time of annual registration.**

Recent Injury / Illness: _____	Medication: _____
MB Health: 6-Digit # _____	MB Health: 9-Digit # _____
Family Doctor Name: _____	Phone Number: _____
Home Phone: _____	Work Phone: _____
Emergency Contact: _____	Cell Phone: _____
	Phone Number: _____

**ACKNOWLEDGEMENT:**

I, \_\_\_\_\_ understand and accept the above, and hereby give permission for  
(Parent / Guardian's Name)

\_\_\_\_\_ to participate in the \_\_\_\_\_.  
(Student's Name)

**I HAVE READ THE ABOVE INFORMATION AND DO HEREBY GIVE MY CONSENT.**

\_\_\_\_\_  
Signature of Parent / Guardian

\_\_\_\_\_  
Date