INTRODUCTION TO FOODS & NUTRITION 2026-27

Objective:
This course is included in the light industrial cluster to give students an overview of career opportunities in the food services and food handling industry The students will also learn knife handling & safety and how to read and follow a recipe.

Outline:
This course is intended for students wishing to explore the field of culinary arts. Students are introduced to sanitation and safety; tools and equipment; knife handling and safety; and general preparation procedures for different types of food and beverages.

Technology requirements/routines:
Students will be added to a **Micro Soft online Teams Classroom**. Here they can find assignments that will be released as they are given in class and important messages from the instructor regarding assignments and kitchen duties.
Students should make a practice of checking TEAMS **daily** for updates regarding the day's class.

Kitchen Attire:
Students will be supplied with the use of an apron and hairnet. Students are required to have **closed-toed shoes and shirts with sleeves; hair ties are also recommended.**;
****Outside hats or caps are not permitted in the kitchen***.
* **Hoodies of any type are not permitted in the kitchen.**
These are requirements of Manitoba Health and Manitoba Workplace Safety and Health Act.

Classroom Expectations:
Learning, respect, responsibility, and **safety** are the guiding principles of the SVRSS. If any of these four values are compromised the issue will be addressed.

Punctual attendance: All classes are compulsory. Attendance will be recorded at the beginning of each class period. Those students not in attendance will be recorded T (truant) until their arrival within a reasonable amount of time. Upon late arrival, students must sign in and record time of arrival. This record will be used to update attendance.

Leaving the classroom: Students are expected to come to class prepared within 5 minutes of the class change bell, and remain in class for the duration. Culinary Arts students have access to bathrooms within the kitchen area and therefore have no reason to leave the classroom area. All students are required to have teacher permission to leave the room during class and for safety and security purposes must also sign the class in and out log. Only one student is allowed to leave at a time.

Honesty:
Copying from the internet or any other source that is not your own or failing to document a borrowed source is plagiarism. Plagiarism is not honest or acceptable. The consequences will involve your teacher and school administration.
Honesty also extends to each and all individuals. Telling the truth about why you need to leave class and why you are late is extremely important in establishing trust ***and*** your reputation within the SVRSS campus.

Materials:
All students must bring the required material to class. These include binders, pens, pencils and paper, along with **proper shoes for the kitchen and proper shirts and pants**. Students who do not have proper kitchen shoes and work clothing will not be allowed to work in the kitchen and will receive a **Zero -0 –** for the day's lab.

Class Routines:
The bell does not dismiss you. Workstations must be cleaned and sanitized before you are clear to leave the kitchen. Failure to do so will result in a **Zero-0**, Lab mark, regardless of how well your product turns out.

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Time Management
It is important that all students learn to manage their time and themselves appropriately during class hours. Students who do not complete assignments or labs will not be given school time to complete them.

Digital Citizenship: (Cell Phone Criteria)
As per the law enforced by the Manitoba government in August of 2024, cell phones will not be allowed in the classroom at any time, for any purpose. The digital device policy posted in the dining room clearly explains cell phone and digital device policy for Ms. Turton's classes. There are consequences for not following the cell phone/digital device policy. Parents, you can help you student to adhere to this law by not phoning or texting them during class time. Your co-operation is greatly appreciated.

Assessment and Evaluation:
In accordance with the Swan Valley School Division Assessment of Learning Policy, **at least 80% of work for summative assessment must be completed by the student in the presence of a teacher.** If a student is missing when a summative assessment is given, verification from a parent, guardian, or doctor to account for your absence must be provided. Alternative arrangements to complete the task, in the presence of a teacher, will be made subject to the teacher's schedule.

Formative Assessment:
Formative assessment occurs on an ongoing basis, and progress/feedback is shared with the student through observation and conversation with the student. Students who do not complete formative assessment will find it difficult when it comes to summative assessment. Formative assessment will be recorded for progress evaluation purposes and will be recorded as a checkmark to indicate completion.

Summative Assessment:

Includes assignments, projects, quizzes and labs. All summative assessments count towards a student's final grade. Students who do not complete formative work will find summative work difficult.

Evaluation: ***Category Weightings for Summative Assessment:***
50%-- PRACTICAL: Demonstrations to be completed in classroom or kitchen.
40%-- THEORY: Demonstrated learning via quizzes, written assignments, and projects
10%-- PROFESSIONALISM: Demonstrated in class, based on proper attire, grooming, teamwork.

Due Dates: All assignments and projects must be turned in on time. **Late assignments will be subject to a late mark deduction based on the assignment.** Reasonable timelines will be set for all summative work. It is expected that students make all efforts to complete their work on time.

Missing Classes
If for ***any*** reason you miss a class, whether school related, personal or illness it is **100% your responsibility** to come to me to find out what you missed and collect assignments. I will not be tracking you down to bring you missed work.

Cooking Labs: If you miss class on a kitchen lab day and your attendance is not excused by the end of the day, you will receive a Zero "0", for that lab. There are no make-up times for the labs.

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