



2025-2026
Grade 10-12 Student Program Sheet
Swan Valley Regional Secondary School



Student Name _____

Date _____

Current Grade _____

Compulsory Courses			
Grade 10		Grade 11	
5 credits		4 credits	
English 20F		English – Select One:	English – Select One
Geographic Issues of the 21 st Century 20F		Comprehensive Focus 30S	Comprehensive Focus 40S
Mathematics – Select One:		Literary Focus 30S	Literary Focus 40S
Essentials Mathematics 20S		History of Canada 30F	Mathematics – Select One:
Intro Applied & Pre-Calculus 20S		Mathematics – Select One:	Applied 40S
Physical Education 20F		Applied 30S	Essentials 40S
Science 20F		Essentials 30S	Pre-Calculus 40S
		Pre-Calculus 30S	Physical Education- Select One
		Physical Education: Select One	Phys. Ed 40F 25% in 75% out
		Phys. Ed 30F 25% In 75% Out	Phys. Ed 40F 100% In
		Phys. Ed 30F3 Lifeguard- 100% in class	Phys. Ed 40F3 Lifeguard- 100% in class
		Phys Ed 30F 100% In	

Optional / Technology Courses		
Grade 10	Grade 11	Grade 12
Please choose 7:	Please choose 7:	Please choose 7:
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
7.	7.	7.

Are you considering Level 1 Apprenticeship Accreditation?

Yes / No

If yes, please check the program that applies	
Automotive Technology	
Carpentry	
Culinary Arts	
Electrical	
Hairstyling	
Heavy Duty Equipment Technology	
Welding	

Guardian Signature

Date



2025-2026
Grade 10-12 Student Program Sheet
Swan Valley Regional Secondary School



Student Name _____

Date _____

Current Grade _____

Compulsory Courses – French Immersion			
Grade 10		Grade 11	
5 credits		4 credits	
English 20F		English – Select One:	English – Select One:
Physical Education 20F		Comprehensive Focus 30S	Comprehensive Focus 40S
Mathematics – Select One:		Literary Focus 30S	Literary Focus 40S
Intro Applied & Pre-Calculus 20S		Physical Education – Select One	Physical Education – Select One:
Science – Select One		Phys. Ed 30F 25% In 75% Out	Phys. Ed 40F 25% In 75% Out
Science 20F		Phys. Ed 30F – in French **	Phys. Ed 40F – in French**
Sciences de la nature 20F		Phys Ed 30F 100% In	Phys. Ed 40F 100% In
Social Studies – Select One:		Phys. Ed 30F3 Lifeguard – 100% in Class	Phys. Ed 40F3 Lifeguarding – 100% in Class
Geographic Issues of the 21 st 20F		Mathematics – Select One:	Mathematics – Select One:
Les enjeux géographiques du XXI ^e Siècle 20F		Applied 30S	Applied 40S
		Essentials 30S	Essentials 40S
		Pre-Calculus 30S	Pre-Calculus 40S
		History – Select One	
		History of Canada 30F	
		Historie du Canada 30F	
		** COURSES OFFERED THROUGH TELECONFERENCE	

Which French Certification are you planning on?

Diploma / Certificate

Optional / Technology Courses		
Grade 10	Grade 11	Grade 12
Please choose 7:	Please choose 7:	Please choose 7:
1. Français 20S	1. Français 30S	1. Français 40S
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
7.	7.	7.

Are you considering Level 1 Apprenticeship Accreditation?

Yes / No

If yes, please check the program that applies	
Automotive Technology	
Carpentry	
Culinary Arts	
Electrical	
Hairstyling	
Heavy Duty Equipment Technology	
Welding	

Guardian Signature

Date