Hi Everyone!

Hard to believe January has come and gone. For myself, I'm certainly looking forward to some warmer weather.

<u>Basketball Update:</u> As of the latest public health orders, tournament play is currently still not allowed to take place. With that in mind, our Middle Years Phys-Ed council postponed Basketball 1 to a later date. I will inform once this has been rescheduled to a new date.

Practices will be held for grades 7-8 on Tuesdays from 345-445 pm, for both boys and girls.

- If restrictions are lifted and tournament play is allowed to resume, we will add in a second practice day during the week on Thursdays from 345-445 as well.
- We will also open up practices to all students in grades 5-8 in the near future.

Here are the upcoming tournament dates IF tournament play resumes:

Basketball 1	Wed, Feb 9th, 2020 (POSTPONED)	SVRSS 500-800
Basketball 2	Sat, March 5th, 2020	SVRSS 1000-500

<u>Intramurals Update:</u>

- With the recent rise in illness and absenteeism in the school, noon hour intramurals have been restructured for the next couple of weeks as we try to limit having multiple cohorts cross over within the gym at lunch:
 - Students in grades 5-8 will be competing within their grade levels in a 'Low Organized Games Quadrathlon.' In total, students are competing in the following 4 events:

Event #1: Frisknock

Event #2: Table Tennis

Event #3: Rampshot

Event #4: Ladder Golf

 Points will be calculated after each event, with an eventual Gold, Silver and Bronze medalist from both the grade 5-6, and the grade 7-8 classes.

*NOTE: Be sure to have outdoor clothing on the days your grade is to be outdoors at lunch! Skiing and snowshoeing will be outdoor options at lunch.

	Grade 5/6's	Grade 7/8's
Mon- Jan. 31st	Indoor Intramurals	Outdoor Activity
Tues- Feb 1st	Outdoor Activity	Indoor Intramurals
Wed- Feb 2nd	Indoor Intramurals	Outdoor Activity
Thurs- Feb 3 rd	Outdoor Activity	Indoor Intramurals
Tues- Feb 8 th	Indoor Intramurals	Outdoor Activity
Wed- Feb 9 th	Outdoor Activity	Indoor Intramurals
Thurs. Feb 10th	Indoor Intramurals	Outdoor Activity
Fri Feb 11th	Outdoor Activity	Indoor Intramurals

^{*}Following this 2-week period- we will resume regular team intramurals for all grades 4-8's.

In February, our students will be heading to the Benito Recreation Centre for some skating and broomball. All parents and guardians are reminded that skates need to be carried in a bag so the blades do not cause injury to others. Also, each student is required to wear a CSA Approved helmet for safety. NO HELMET= NO SKATING OR BROOMBALL. We do have a few helmets in the equipment room if students do not have their own, but there is not nearly enough for everyone. We will be heading to the Rec Centre 4 times in total, on the following dates:

BROOMBALL/SKATING DATES:

Ice 1	Wednesday, Feb. 9th	Grade K-3 12:50-2:05 Grade 5-6 2:20-3:35	Skating Broomball
Ice 2	Thursday, Feb 10th	Grade 7-8 2:20-3:35	Broomball
Ice 3	Friday, Feb. 11th	Grade 5-8 1:00-3:35	Broomball Bash XI Tournament
Ice 4	Tuesday, Feb 15th	Grade 4-5 12:50-2:05 (rescheduled date)	Skating

^{*}NOTE: All current public health guidelines regarding the use of recreational facilities for those aged 12 and up must provide proof they have received:

*Note that these dates may change. You will be notified of any changes if that is the case.



Students will be bussed to and from the Rec Centre for Ice 1 only, as the older students will be walking providing the weather is suitable to do so. Any students not skating or playing broomball will be assigned work during this time will remain at school with their assigned work.

That's all for now! Until next month, wishing everyone a safe and healthy February!



Mr. Behrmann

¹⁾ At least one dose of an approved vaccine.

²⁾ Proof of a pharmacist-confirmed negative result from an approved rapid antigen test, from within 72 hours of participation.

PHOTO: TREDEN AND LILY 'GEOCACHING'